

Anil R. Shah, MD, FACS
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PROFESSIONAL BACKGROUND AND EDUCATION:

Private Practice
Anil R. Shah, MD, SC
845 N Michigan Ave, Suite 934E
Chicago, IL 60611

University of Chicago, Chicago, Illinois
Clinical Instructor
Department of Otolaryngology-Head and Neck Surgery

New York University Medical Center, New York, New York
Assistant Professor
Division of Facial Plastic Surgery, Department of Otolaryngology-Head and Neck Surgery

New York University (Tisch) Hospital
New York Presbyterian Hospital (Weill Cornell)
Manhattan Eye, Ear, and Throat Hospital
Bellevue Hospital
New York, New York
Fellowship, Facial Plastics and Reconstructive Surgery
Preceptors: Minas Constantinides, Norman Pastorek, Philip Miller

University of Illinois at Chicago (Eye and Ear Infirmary)
Affiliations: **Cook County Hospital (Stroger), Children's Memorial Hospital (Northwestern), WSVH Hospital, Lutheran General Hospital, St. Joseph's Hospital, Michael Reese Medical Center**
Chicago, IL
Residency, Department of Otolaryngology-Head and Neck Surgery

University of Illinois at Chicago, Chicago, IL
Surgical Internship, Department of Surgery

Loyola (Stritch) School of Medicine, Maywood, IL, Doctorate in Medicine

University of Illinois, Champaign, IL
B. S. in Biological Sciences

HOSPITAL AFFILIATIONS:

Attending, Vista Hospital
Attending, St. Alexius Hospital
Attending, New York University Medical Center (Tisch Hospital)
Attending, Manhattan VA Hospital
Attending, Bellevue Hospital
Attending, Manhattan, Eye, Ear, Throat Hospital
Attending, Center for Specialty Care
Attending, Gramercy Surgery Center

BOARDS:

Board Certified Otolaryngology, 19032
Diplomate Board of Otolaryngology
Board Certified American Board of Facial Plastic And Reconstructive Surgery

MEMBERSHIP:

Associate Member, American Academy of Facial Plastic and Reconstructive Surgery
Diplomate, American Academy of Otolaryngology
New York Facial Plastic Surgery Society
American College of Surgeons
Triological Society
American Academy of Otolaryngologic Allergy
South Asian Physician Network
Network of Indian Professionals

HONORS:

Marquis Who's Who,
Alpha Omega Alpha Honor Society
Stritch School of Medicine Summer Research Grant
Phi Kappa Phi National Honorary Society
Golden Key National Honorary Society
Alpha Kappa Lambda Freshmen Honorary Society
Phi Eta Sigma Freshmen Honorary Society

LICENSURE: New York 235640, Illinois 036120006, Indiana 01066901A

**SCIENTIFIC
PUBLICATIONS:**

- 1) Zoumalan R, Hazan C, Levine C, Shah AR. Analysis of Vector Alignment with the Zitelli Bilobed Flap for Nasal Defect Repair. A Comparison of Flap Dynamics in Human Cadavers. Arch Facial Plast Surg May 2008
- 2) Shah AR. Open Septoplasty: Indications and Techniques. Otolaryngology Clinics of North America. June 2009
- 3) Shah AR. Use of Intradermal Botulinum Toxin to Reduce Sebum Production and Facial Pore Size. J Drugs Dermatol 2008 7(9):847-50.
- 4) Reizen SR, Wang E, Shah AR. Nasal Septal Deviation in the Adult and Pediatric Populations. Ear, Nose & Throat Journal Spring 2009.
- 5) Shah AR, Rosenberg D. Defining the Facial Extent of the Platysma Muscle. Accepted Archives Facial Plastic Surgery Spring 2009.
- 6) Wise JW, Zeitler D, Shah AR. Reconstructing a Nose After Leprosy With Costal Cartilage. Otolaryngology Clinics of North America: June 2009.
- 7) Shah AR, Zoumalan R, Constantinides MS. Aesthetic repair of small to medium-sized nasal defects. Facial Plastic Surg. 2008 24(1):105-19.
- 8) Lopez ML, Shah AR, Westine JW, O'Grady K, Toriumi DM. Comparison of Rib Carving Techniques in a Porcine Model. Archives Facial Plastic Surgery. Jan/Feb 2007.
- 9) Shah AR, Lattman J, Rosenberg D. Prevention of lower eyelid malposition after blepharoplasty: anatomic and technical considerations of the inside-out blepharoplasty. Archives of Facial Plastic Surgery 20079(6):434-8.
- 10) Shah AR, Pearlman A, O'Grady K, Bhattachara TK, Toriumi DM. Dura Repair Using Fibrin Tissue Adhesive and Acellular Dermis in a Chinchilla Model. Am J Rhinol 2007 (5):619-21.
- 11) Miller PJ, Smith S, Shah AR. The Subzygomatic fossa: A Practical Anatomic Guide to Localization of the Zygomaticus Major Muscle. Archives of Facial Plastic Surgery 2007 9(4):271-4.
- 12) Shah AR, Constantinides M. Aligning Bony Width. Facial Plastic Surgery. Volume 22, Issue 1, May 2006.
- 13) Shah AR, Constantinides M. Cartilage Splitting Techniques on the Lower Lateral Cartilages. Facial Plastic Surgery. Volume 22, Issue 1, May 2006.

- 14) Shah AR, Miller P. Endonasal Grafting in Rhinoplasty. *Facial Plastic Surgery*. Volume 22, Issue 1, May 2006.
- 15) Constandinides M, Shah AR. Foreword: Rhinoplasty. *Facial Plastic Surgery*. Volume 22, Issue 1, May 2006.
- 16) Shah AR, Dayan SD, Hamilton GH. Pitfalls of Photography of Photography for Facial Resurfacing and Rejuvenation Procedures. *Facial Plastic Surgery*. 2005, 21(2):154-61.
- 17) Kim D, Shah AR, Toriumi DM. Concentric and Eccentric Carved Costal Cartilage: A Comparison of Warping. *Arch Facial Plast Surg*. 2006;8:42-46.
- 18) Dayan SH, Shah AR, Rehl R. Efficacy of the Erbium:YAG subablative "micropeel". Submitted *Archives Facial Plastic Surgery*. Accepted for presentation at AAFPRS Fall Meeting 2005
- 19) Shah AR, Lopez ML, Toriumi DM. Maximizing Outcomes in Rhinoplasty Using Close Postoperative Follow-up and Minor Office Procedures. Submitted *Archives of Facial Plastic Surgery*.
- 20) Dayan SD, Shah AR, Ventrapragada S, O'Grady K. Effects of Low Frequency Ultrasound on Epidermal and Dermal Structures: A Clinical and Histological Study. *Cosmetic Dermatology* February 2006, Vol 19, Issue 2.
- 21) Hirsch R, Dayan SD, Shah AR. Superficial Skin Resurfacing. *Facial Plastic Clinics of North America*. Aug;12(3):311-21, v-vi.
- 22) Dayan SD, Shah AR. How I Do It: Treating the Crooked Nose with a Suture Suspension Technique. *ENT Journal*. Nov 2004, 83(11):743-44.
- 23) Shah AR, Wei JL, Maddalozzo JM. Soft Compressible Neck Masses: Cervical Lipoblastoma. *Otolaryngology-Head and Neck Surgery*. 2004 Apr;130(4):504-7
- 24) Gupta A, Maddalozzo J, Win Htin T, Shah AR, Chou PM. Spindle cell rhabdomyosarcoma of the tongue in an infant: a case report with emphasis on differential diagnosis of childhood spindle cell lesions. *Pathology Res Practice* 2004;200(7-8):537-43.
- 25) Petruzelli GJ, Shah AR, Leonetti JP. Indications, complications, and technique of midface degloving. Submitted *American Journal of Otolaryngology*.
- 26) Riggs LC, Shofner WP, Shah AR, Young MR, Hain TC, Matz GJ. Ototoxicity resulting combined administration of metronidazole and gentamicin. *American Journal of Otology* 20:430-434, 1999.
- 27) Hilinski J, Shah AR. Vertical Dome Division. *Emedicine*:

Otolaryngology and Facial Plastic Surgery: Aesthetic Facial Plastic Surgery.

- 28) Shah AR, Maddalozzo JM. Granulomatous Disorders of the Head and Neck. *Emedicine: Otolaryngology and Facial Plastic Surgery: Medical Topics.*
- 29) Shah AR, Danahey D. Distraction Osteogenesis of the Maxilla. *Emedicine: Otolaryngology and Facial Plastic Surgery.*
- 30) Shah AR, Barretto JL, Gerber ME. An Unusual Cause of Obstructive Sleep Apnea: Hypopharyngeal Lipoma. *Internet Journal of Otorhinolaryngology Vol2N1.*
- 31) Shah AR, Valvasorri G, Roure R. Le Fort Fractures. *Emedicine: Radiology: Head and Neck Section.*
- 32) Dayan SH, Shah AR, Shah S. Crooked Nose Deformity. *Emedicine: Otolaryngology and Facial Plastic Surgery.*

CHAPTERS:

- 1) Westine J, Shah AR, Zoumalan R, Mini-facelift. *Advanced Therapy in Facial Plastic and Reconstructive Surgery.*
- 2) Shah AR, Constantinides M. Advancement of the Medial Crural Complex to Achieve Maximal Nasal Tip Projection. Eds. Patrick Byrne
- 3) Shah AR, Adamson PAA, Constantinides M. Open Structure Rhinoplasty. Eds. Fred Stucker
- 4) Laane CJ, Shah AR. Congenital Anomalies of the Nose. *Current Diagnosis and Treatment in Otolaryngology-Head and Neck Surgery.* Ed. Lalwani A. (publication 2007)
- 5) Shah AR, Wise JB, Constantinides M. Facial Fillers and Implants. *Current Diagnosis and Treatment in Otolaryngology-Head and Neck Surgery.* Ed. Lalwani A. (publication 2007)
- 6) Wise JB, Shah AR, Constantinides M. Otoplasty. *Current Diagnosis and Treatment in Otolaryngology-Head and Neck Surgery.* Ed. Lalwani A. (publication 2007)
- 7) Monhian N, Shah AR. Scar Revision. *Current Diagnosis and Treatment in Otolaryngology-Head and Neck Surgery.* Ed. Lalwani A. (publication 2007)
- 8) Kim E, Maas C, Shah AR. Facelifts, Endoscopic Browlift, and Midface Lifts. *Current Diagnosis and Treatment in Otolaryngology-Head and Neck Surgery.* Ed. Lalwani A. (publication 2007)
- 9) Saltar B, Shah AR. LASERs in Head and Neck Surgery. *Current Diagnosis*

and Treatment in Otolaryngology-Head and Neck Surgery. Ed. Lalwani A.
(publication 2007)

10) Constantinides M, Shah AR, Bustillo A. Nasal Analysis and Anatomy.
Revision Rhinoplasty. Eds: Becker D and Park (publication 2006)

11) Shah AR, Constantinides M. Alar Base Resection. Eds. Patrick Byrne.
(publication 2007)

12) Shah AR, Kanodia R. Finesse Rhinoplasty. *Masters of Rhinoplasty*
(publication 2009)

BOOK EDITOR:

Lalwani AK, Shah AR. A Pictorial Atlas of the Head and Neck. In progress.

LAY PRESS:

Shah AR. Body Piercing. Chicago Image. April 2003.

Shah AR. FDA Approved Devices. Chicago Image. April 2003.

Shah AR. Cost of Plastic Surgery. Chicago Image. Nov. 2003.

Shah AR. Anosmia. Chicago Image. February 2004.

ONGOING RESEARCH:

- 1) Fitzpatrick IV-VI skin and Erbium:YAG laser safety profile (Dayan, Patel, Shah)
- 2) Comparison between microperforating osteotomies versus continuous osteotomies (Zoumalan, Shah, Constantinides)
- 3) Technology and facial plastic surgery- where are we now? (Shah, Berstein, Zoumalan, Constantinides)
- 4) Improving Safety in Endoscopic Brow Fixation- Skull thickness and characterization of sagittal sinus (Shah, Layeliv, Wang)
- 5) Alar Retraction- Management algorithm based on retrospective data (Shah, Layeliv, Constantinides)
- 6) Rosenberg D, Shah AR. Improving the Nasolabial triangle with the Transitional Facelift
- 7) Case of Bilateral Ear Seroma.
- 8) Effects of Septoplasty on Nasal Tip projection
- 9) Anthropometrics of Asian Patient
- 10) Partotid Facelift approach
- 11) Bilateral Ear Seroma
- 12) Use of Sonic Weld in Fractures
- 13) Ronseberg disease in Nose

EDITOR:

- 1) Facial Plastic Surgery, Volume 22, Issue 1, May 2006: Rhinoplasty
- 2) Chicago Image, Contributing Editor, 2004

PRESENTATION:

- 1) ReitzenSR, Shah AR. The use of Sonic Weld in Mid-Face Fractures. Triologic Meetin. Eastern Section. Spring 2008
- 2) Reitzen SR, Shah AR. Normative data on septal deviation. Triologic Meeting Eastern Section. Spring 2008
- 3) Zoumalan R, Hazan C, Levine C, Shah AR. Analysis of Vector Alignment with the Zitelli Bilobed Flap for Nasal Defect Repair. A Comparison of Flap Dynamics in Human Cadavers. Fall Meeting, AAFPRS, Chicago, Illinois
- 4) Reitzen SR, Shah AR. Bilateral Ear Seroma. Fall Meeting 2008, AAFPRS, Chicago, Illinois
- 5) Shah AR, Pearlman A, O'Grady K, Bhattachara TK, Toriumi DM. Dura Repair Using Fibrin Tissue Adhesive and Acellular Dermis in a Chinchilla Model. Combined Otolgic Sectional Meeting, San Diego, CA April 2007.
- 6) Shah AR, Miller PJ, Smith S. A Practical Anatomic Guide to Localization of the Zygomaticus Major Muscle AAFPRS Fall Meeting, Toronto, 2006
- 7) Shah AR, Layeliv J, Constantinides M. Management of Alar Retraction: A Retrospective Review. AAFPRS International Meeting, Las Vegas. 2006
- 8) Rosenberg D, Shah AR. Improving the Nasolabial triangle with the Transitional Facelift. AAFPRS International Meeting, Las Vegas. 2006
- 9) Shah AR, Lattin J, Rosenberg D. Maximizing Lower Eyelid Malpositions with the Inside-out Blepharoplasty. AAFPRS International Meeting, Las Vegas. 2006.
- 10) Shah AR, Layeliv J, Constantinides M. Management of Alar Retraction. Otolaryngology-Head and Neck Surgery Update: New York University School of Medicine. 2006.
- 11) Shah AR, Dayan SD, Ventrapragada S. Effects of Low Frequency Ultrasound on the epidermis and dermal structures. AAFPRS Fall

Meeting New York. Poster Presentation September 21, 2004.

- 12) Kim D, Shah AR, Toriumi DM. Costal Cartilage Rib Warping in a Cadaver Model. AAFPRS Fall Meeting. September 19, 2003.
- 13) Lopez ML, Shah AR, Westine JW, O'Grady K, Toriumi DM. Comparison of Rib Carving Techniques in a Porcine Model. Lederer-Pierce Research Competition. April 2004.
- 14) Shah AR, O'Grady K, Bhattachara TK, Toriumi DM. Dura Repair Using Fibrin Tissue Adhesive. Lederer-Pierce Research Competition. April 15, 2003.
- 15) Shah AR, O'Grady K, Hilinski J, Toriumi DM. Efficacy of an Absorbable Cyanoacrylate Tissue Adhesive for Cartilage Stabilization. Lederer-Pierce Resident Research Competition. April 8, 2002.
- 16) Shah AR, Barretto JL, Gerber ME. An Unusual Cause of Obstructive Sleep Apnea: Hypopharyngeal Lipoma. SENTAC 2002.
- 17) Shah AR, Wei JL, Maddalozzo. Soft Compressible Neck Masses: Cervical Lipoblastoma. SENTAC 2002.

LECTURES:

- 1) Facial Anatomy and Proportions, University of Chicago, September 2008
- 2) Facelift Anatomy, University of Chicago, October 2008
- 3) Advanced Septoplasty Techniques, University of Chicago, October 2008
- 4) Rhinoplasty Analysis, University of Chicago, November 2008
- 5) Blepharoplasty, University of Chicago, December 2008
- 6) Local Skin Flaps for facial reconstruction, NYU Grand Rounds, September 2007
- 7) Facial Analysis and Proportions, NYU Grand Rounds, September 2007
- 8) LASERs and BOTOX Update, NYU Grand Rounds, January 2007
- 9) Management of Facial Trauma for the Emergency Room Physician, ER Grand Rounds, November 2006
- 10) Aesthetic Management of Soft Tissues, Otolaryngology for the Non-Otolaryngologist, December 2006
- 11) Septal Perforation Repair, NYU Grand Rounds, November 2006
- 12) Nasal Obstruction for the Primary Care Physician, NYU Internal Medicine Grand Rounds, September 2006
- 13) Nasal Obstruction of the Primary Care Physician, NYU Internal Medicine Grand Rounds, October 2006
- 14) Management of the Middle Vault in Rhinoplasty, NYU Grand Rounds October 2006
- 15) Management of the Nasal Tip in Rhinoplasty, NYU Grand Rounds October 2006
- 16) Complications in Rhinoplasty, NYU Grand Rounds June 2006
- 17) Advanced Septoplasty and Septoplasty Perforation Repair, NYU Grand Rounds, April 2006
- 18) Aesthetic Use of Botox: Technique and Controversies, NYU Grand Rounds, May 2006
- 19) Forehead Anatomy, NYU Grand Rounds, March 2006

- 20) Hair Transplantation, NYU Grand Rounds, March 2006
- 21) Nasal Reconstruction Update, NYU Grand Rounds, February 2006
- 22) Cleft Palate and Lip Update, NYU Grand Rounds, September 2005
- 23) Hair Transplantation, UIC Grand Rounds, February 2005
- 24) Velopharyngeal Insufficiency, UIC Grand Rounds, October 2004
- 25) Facial Nerve Reanimation, UIC Grand Rounds, November 2003
- 26) Acute Invasive Fungal Sinusitis, UIC Grand Rounds, March 2002

**TEACHING
EXPERIENCE:**

- 1) Kaplan MCAT Instructor 5/01-12/01
- 2) University Illinois- Otolaryngology Instructor 8/02-8/04
- 3) University of Illinois Facial Plating Course Instructor 5/03
- 4) NYU/Bellevue Hospital- Facial Plastic Instructor 8/05-4/08
- 5) University of Chicago- Facial Plastic Instructor 8/08- current

OTHER TEACHING AND CONFERENCES:

2007, Panelist, Rhinoplasty Panel, John Daly Day

2007, Panelist, Rhinoplasty Advances, NYU Grand Rounds

2005- present Participant, weekly Grand Rounds, Department of Otolaryngology-HNS, NYU

2006-present Participant, monthly Grand Rounds, Department of Dermatology, Skin Lesions Conference, NYU

2006, Moderator, Scientific Paper Sessions, American Academy of Facial Plastic & Reconstructive Surgery, Toronto, Canada, September 14, 2006

COURSE INSTRUCTOR:

Wilford Hall Medical Center, Invited Instructor, 9/08

NYU School of Medicine. Otolaryngology for the Non-Otolaryngologist, 12/06

Functional Open Rhinoplasty, Fall Meeting 2006, Toronto, Co-Course Director, American Academy of Otolaryngology and Head and Neck Surgery.

Cornell Anatomy Course-Soft Tissues of the Face Instructor 7/05

NYU Advances in Facial Plating Workshop 9/05

NYU Anatomy Course- 3/06

COMITTEES:

Young Physicians Committee, American Board of Facial Plastic Surgery, 2005-Current
Multimedia Committee, American Board of Facial Plastic Surgery, 2006-Current
Curriculum Committee, American Board of Facial Plastic Surgery, 2006-Current
Membership Committee, American Board of Facial Plastic Surgery, 2006-Current

PRO- BONO:

SAWA (South Asian Women's Advisor Committee)
Manavi (South Asian Women Domestic Violence)
Sakhi (South Asian Women Domestic Violence)
Face to Face, AAFPRS (Facial Plastic Surgeons Pro-Bono for Women and Domestic Violence)

INTERESTS:

Travel, personal fitness, photography, tennis, sculpture

PERSONAL:

Wife is a primary care physician and former collegiate tennis player, brother and sister-in law are both obstetrics and gynecologists, sister is a general dentist with cosmetic interests

CME COURSES:

Rhinoplasty Update, AAFPRS, Chicago 2001
AAFPRS, Fall Meeting, Orlando, Florida 2003
Rhinoplasty Update, AAFPRS, Chicago 2003
AAFPRS, Fall Meeting, New York, New York 2004
Rhinoplasty Update, AAFPRS, Chicago 2005
Aesthetic Surgery of the Aging Face, Department of Plastic Surgery, Manhattan Eye, Ear, and Throat Hospital, New York, New York, 2005
Rhinitis Update, New York University School of Medicine, New York, New York, 2006
AAFPRS, International Meeting, Las Vegas, NV 2006
Otolaryngology Update, New York University School of Medicine, New York, New York, 2006
Advanced BOTOX Injector Workshop, New York, New York 2006
AAFPRS, Fall Meeting, Toronto, Canada 2006
AAFPRS Fall Meeting, Washington DC, 2007
Anatomy of the Head and Neck, San Antonio, TX, 2008